



# REGULATIONS

**7 - 10 July 2022**



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## 1 – The event

The Super8 is an All Mountain mountain bike (MTB) and e-mountain bike (e-MTB) event organised by the Tourist Office of La Grande Plagne from 7 - 10 July 2022, with backing from the communes of La Plagne Tarentaise, Aime la Plagne, Champagny-en-Vanoise and Bozel.

## 2- The races

The Super8 is a multi-race event, including different mountain biking disciplines.

The 2 formats, Double8 and Grand8, are outdoor events on the footpaths of the Grande Plagne area, going across different Alpine levels and past its unique landmarks, local riches and majestic panoramic views.

Description of the races:

### 2.1 The Double8

A race for MTB or e-MTB. The different disciplines will compete on 2 different days. The races are timed and ranked.

The route for this race consists of 4 circuits that start and finish at Plagne Bellecôte, the convergent point and sole base camp. Participants choose the number of circuits they want to ride during the race. There is a single registration fee of 40€, whether the participant does 1, 2, 3 or 4 circuits.

	<b>1- Plagne Montalbert</b>	<b>2- Montchavin les Coches</b>	<b>3-Champagny-en-Vanoise</b>	<b>4-Tour du Saint Jacques</b>	<b>TOTAL OF THE 4 CIRCUITS</b>
<b>Distance</b>	23 km	23 km	25 km	11 km	82 km
<b>Elevation gain</b>	1025 m	815 m	1 165 m	815 m	3 688 m
<b>Characteristics</b>	Rolling, downhill single track in forest, goes through the bobsleigh track & Plagne Montalbert's e-spot	Varied, exceptional landscapes, rolling terrain, technical descent	Varied terrain, physical, technical descent, goes through the bike park, exceptional landscapes	Short but technical circuit with portage section for MTB or walk mode for e-MTB, technical descent, high mountain landscapes,	A variety of terrain and exceptional landscapes from forest to high mountain, a real physical challenge to complete the Double8 and ride the downhill and uphill rolling and technical passages. An exceptional course.
<b>Refreshment stations</b>	1 (Top of the bobsleigh track – La Roche)	1 (E-sport start)	1 (Chalet "des Verdons")	1 (Saint Jacques)	4

Compulsory order of circuits:

- 1- Plagne Montalbert
- 2- Montchavin les Coches
- 3- Champagny-en-Vanoise
- 4- Tour du Saint Jacques



#### Dates & starting point:

- MTB: Saturday, 09 July, 8am in Plagne Bellecôte
- E-MTB: Sunday, 10 July, 8am in Plagne Bellecôte

## **2.2 The Grand8**

The Grand8 is a long-distance race for e-MTB only, timed and ranked over 2 days with one night in a bivouac. This race is only open to elite mountain bikers and experienced riders with a sporting CV.

	DAY 1	DAY 2	TOTAL
Start	Montchavin les Coches	Top of the Fornelet at la Plagne Montalbert	
Finish	Top of the Fornelet at la Plagne Montalbert	Montchavin les Coches	
Distance	45 km	55 km	100 km
Elevation gain	3 069 m	2 628 m	5 697 m
Elevation loss	2 350 m	3 379 m	5 729 m
Refreshment stations	3 (Col de la Chiaupe et top of Rossa chairlift, camp arrival)	3 (Le Chapieu, Aime pumptrack et arrival)	6
Battery changes	1 (Col de la Chiaupe)	1 (Aime)	2
Key points	Montchavin les Coches, Dérochoire, Crête de la Vélière, Col du Jovet	Plagne Montalbert, Aime la Plagne, Versant du Soleil	

#### Date & starting point:

Thursday, 7 July 2022 at 1pm from Montchavin les Coches. 2-day race with one night at the top of the Fornelet at la Plagne Montalbert, finishing at Montchavin les Coches on Friday, 8 July 2022 in the afternoon.

#### Bivouac:

The Grand8 is a 2-day race with 1 mandatory night in a bivouac. This will be in at the top of the Fornelet at la Plagne Montalbert, the arrival point of the 1<sup>st</sup> day's route and the departure point for day 2.

The organisation will provide a tent and a mattress for each participant. The rest of the equipment is the competitor's responsibility (duvet, pillow, a change of clothing, toiletries, etc), which will be transported by the organisation to the bivouac.

The camp site offers the following services: showers with hot water, toilets, restaurant service in the evening and morning, a bike washing station, a battery recharging point, a guarded bike park, a repair stand with a mechanic.

In the interests of fairness, accommodation in tents at the campsite is compulsory for all participants in the Grand8.



### **3- Conditions of participation**

#### a- General rules

The races are open to all adults, male or female, with or without a licence, under the following conditions.

- Minimum age 18 years
- Those who without a licence or with a foreign licence must provide a medical certificate stating that there is no contraindication to the practice of competitive cycling, dated less than 12 months prior to the race date.
- Those with a licence must provide a photocopy of their licence 2022 from one of the French Cycling Federations authorising the practice of competitive cycling (FFC, UFOLEP\*, FSGT\*). \* for UFOLEP and FSGT licences, the note "competitive cycling" is obligatory.
- Pay the fee for the chosen race

A model of the medical certificate can be downloaded from the event website ([super-huit.com](http://super-huit.com)). The medical certificate or licence must be provided when registering online.

#### b- Code of good conduct

Each competitor is expected to behave in a respectful and benevolent manner to:

- Everyone present at the event (organisation, authorities, volunteers, pedestrians, families, etc)
- Other competitors (allowing them to pass if they are faster, helping in the case of a serious fall)
- The environment (no short cuts, no litter)
- If a competitor falls, it is the responsibility of each participant to stop to give the alert. Any competitor assisting another competitor may ask the race director to be re-allocated the time lost during assistance. The person requesting this must see the organisers within one hour following their arrival.

Procedure: time period between the 1<sup>st</sup> call to the race assistance service to signal the incident and the call before setting off again after the rescue team has taken charge (please note that a confirmation is necessary to validate the time of departure from the accident site)

### **PARTICULARITY GRAND8**

The Grand8 is only open to e-mountain bike riders.

Participants must have 2 batteries of 500Wh minimum. Both batteries must be the same capacity. The bike and the batteries will be checked when participants collect their race numbers.

The Grand8 is a technical race that is only open to elite riders and confirmed amateurs selected on presentation of a sporting CV. A specific form that can be downloaded from the website ([super-huit.com](http://super-huit.com)) must be filled in by amateurs.

In order to ensure everyone's safety and the quality of the organisation, the number of places is limited to 50 people. A waiting list may be set up to study all the applications. Each application is individual.

### **PARTICULARITY DOUBLES**

The Double8 is open to e-MTB and MTB. There will be two separate races that will take place on Saturday, 09 July for MTB and Sunday, 10 July for E-MTB.

Different categories:

- MTB:
  - In relay teams of 2: men / women / mixed

Teams consist of 2 people. Each member of the team must ride 2 alternate circuits: rider 1 rides circuits 1 & 3, rider 2 circuits 2 & 4. If one team member withdraws, the team is disqualified. Each competitor must ride the same number of circuits or the team is disqualified.

- Individual

Each participant may choose the number of circuits, 1, 2, 3 or 4. They may decide to continue or stop (according to their physical capacity, state of health, motivation and lucidity) at the end of each circuit in a neutral zone at the convergent point of the race. However, they must respect the time barriers



defined in the regulations for each circuit.

- E-MTB:
  - In relay teams of 2: men / women / mixed

Teams consist of 2 people. Each member of the team must ride 2 alternate circuits: rider 1 rides circuits 1 & 3, rider 2 circuits 2 & 4. If one team member withdraws, the team is disqualified. Each competitor must ride the same number of circuits or the team is disqualified.

- Individual: man / woman

Each participant may choose the number of circuits, 1, 2, 3 or 4. They may decide to continue or stop (according to their physical capacity, state of health, motivation and lucidity) at the end of each circuit in a neutral zone at the convergent point of the race. However, they must respect the time barriers defined in the regulations for each circuit.

#### 4- Legislation

The event is not registered with any federation and is not governed by any other rules than these rules.

Participation in the Super8 implies the express and unreserved acceptance of these rules by each competitor

#### 5- Registrations

Registrations are only taken online via the "registrations" tab on the event's website (super-huit.com) with secure payment by credit card.

Race	Price	Medical certificate / Licence	CV sportif
Grand8 Elite	200€ / pers	X	X
Grand8 Amateur	200€ / pers	X	X
Double8 MTB individual	40€ / pers	X	
Double8 MTB team of 2	70€/team	X	
Double8 e-MTB individual	40€ / pers	X	
Double8 e-MTB team of 2	70€ / team	x	

The registration fee includes all the services described in the regulations.

Registrations are nominative. No transfer of registration is permitted. Any person transferring their registration to a third party will be held responsible in the event of an accident occurring to or caused by the latter during the event.

No resale of race numbers is therefore authorised.

Please note: You will need to show proof of identity when you collect your race number.

#### **PARTICULARITY GRAND8**

For safety reasons, the organisation is limiting the number of competitors on the Grand8 to 50 participants.

The registration fee of 200€ includes: race number and bike frame plate, the competitor's gift, race refreshments, equipment logistics, evening meal on day 1, night in the bivouac with a tent and mattress, breakfast on day 2 and finisher's gift for all finishers. A participation fee for the maintenance and upkeep of the trails is also included in the price.

#### **PARTICULARITY DOUBLE8**

The Double8 is limited to 500 participants in each discipline, MTB and e-MTB.

The registration fee of 40€ (individual fee) or 70€ (teams) includes: bike frame plate, the competitor's gift, race refreshments, a finisher's gift for anyone who completes the 4 circuits and a participation fee for the maintenance and upkeep of the trails.



## 6- Race number collection

Bike frame plates are given out to each competitor individually on presentation of proof of identity. Bike frame plates must be correctly attached to bikes. This element must be fully visible throughout the race. Competitors must bring their own fasteners to attach their frame plate in compliance with the regulations.

Race numbers can be collected:

- **For the Grand8:** Thursday, 8 July, 9 - 11am, at Mudry room at Montchavin les Coches
- **For the Double8:**
  - MTB: Friday 8 July, 2 – 8pm and Saturday 10 July, 6 – 7am in Plagne Bellecôte
  - E-MTB: Saturday, 9 July 2 – 8pm and Sunday, 10 July 6 – 7am in Plagne Bellecôte

Participants may promote any brand on their bike, helmet or clothing but must not cover their bike frame plate.

The organiser is the only person authorised to allocate frame plates numbers.

The race number, participant's name and the official race partner must be displayed on the bike frame plate.

## 7- The routes

All the routes can be consulted on the event website ([super-huit.com](http://super-huit.com)).

The routes will be identified by means of a GPS track and markers (ribbons, arrows)

The route itinerary must be completed in full and any short cuts will lead to disqualification. Riders who come off the route must set off again from the point where they came off.

A team of openers will check each itinerary prior to the race and ensure that the marking is correctly in place and that there is no identified danger.

A team will close the races and ensure that all the participants have arrived and remove the markers.

### **PARTICULARITE GRAND8**

The race itinerary is followed using GPS on the Grand8. There will only be markers at danger points and track crossings. All participants must therefore have a GPS to download the route which will be given in GPX format. Participants are free to choose the type of GPS (telephone, smartwatch, portable GPS, etc). It is each participant's responsibility to make sure their device is charged.

No short cuts are authorised during the race. In case of doubt, the organisation reserves the right to check the competitor's GPS track.

Reconnaissance:

Reconnaissance is not allowed on any of the Super8 events. Passage agreements have been negotiated with landowners. Our agreements cover the 4 day period of the event and the strict number of race numbers issued.

## 8- Equipment

### **PARTICULARITY GRAND8**

Obligatory equipment:

- Certified standard or full-face helmet
- Gloves
- Mobile phone charged and switched on to be able to call for assistance



- Minimum water supply (0.5L)
- Food supplies (energy bars, dried fruit, etc.)
- Survival blanket
- A windbreaker
- A whistle
- GPS with the full route downloaded
- Repair kit

Recommended equipment:

- Knee protectors
- First aid kit
- Glasses

### **PARTICULARITY DOUBLES**

Obligatory equipment:

- Certified standard or full-face helmet
- Gloves
- Mobile phone charged and switched on to be able to call for assistance
- Repair kit
- Survival blanket
- A windbreaker
- A whistle

Recommended equipment:

- Minimum water supply (0.5L)
- Food supplies (energy bars, dried fruit, etc.)
- Knee protectors
- First aid kit
- Glasses

Each competitor must have a reusable folding cup as there will be no disposable cups at the refreshment stations to limit waste.

### **9- Specificities e-MTB**

Competitors in the Grand8 or in the Double8 e-MTB event must ensure that their bicycle respects the following rules:

- Motor 250 w
- Electric assistance only when pedalling
- Assistance limited to 25 km/h (+/- 5%)

Competitors are solely responsible for the compliance of the equipment they are using with the standards in force and its maintenance.

Any bike that uses two energy sources within the limits of the European regulations and for which human strength is an obligatory part is considered to be an e-mountain bike.

A technical check will be carried out on collection of race numbers to check, amongst other things, that the bike speed has not been unlocked. Any bike with unlocked speed or other form of cheating will result in disqualification.





## **PARTICULARITY GRAND8**

Competitors participating in the Grand8 must have 2 batteries. They must be of 500 Wh minimum, with no maximum capacity limit. Both of a competitor's batteries must have the same capacity as the races are ranked in two categories:

- Ranking for competitors riding with 2 batteries of 500Wh
- Ranking for competitors riding with 2 batteries of 600Wh and +

Participants must also have their own 2 chargers. There is no power limit for chargers. Applicants must give the power of their batteries when they register and this will be checked when they collect their race numbers.

The batteries, chargers and bikes are labelled with the participant's race number when they collect their bib, to prevent any cheating or any error. Any competitor who changes their battery or rides with an unlabelled batterie may be disqualified.

Each participant must ensure that the battery they are starting the race with is charged.

It is forbidden to ride with a battery in a backpack. Battery changes must be carried out in locations decided prior to the race by the organisers. It is forbidden to change batteries in other locations than the ones clearly identified by the organisers. In this respect, it is specified that e-mountain bikes that can be equipped with 2 batteries must be limited to only 1 on-board battery during the race and must therefore respect the battery changing points.

### **Battery management:**

Participants must hand over their second battery fully charged, as well as their 2 chargers, to the organisers who will label them in front of the candidate and will be responsible for transporting them to the battery changing locations.

Competitors start the race with their 1<sup>st</sup> battery fully charged.

The battery changing and recharging points are the following:

- Day 1: Change battery n°1 for battery n°2 at Col de la Chiaupe, before climbing to Roche de Mio
- Bivouac: recharging point for battery n°2 which participants start with the next morning. The charger for battery n°2 will have been left there earlier by the organisation.
- Day 2: Change battery n°2 for battery n°1 which has been charged with charger n°1 and transported by the organisation to Aime la Plagne.

## **PARTICULARITY DOUBLES E-MTB FORMAT**

Competitors participating in the Double8 must have 2 batteries. They must be of 500 Wh minimum, with no maximum capacity limit. The races are ranked in two categories (determined according to the total power of both batteries):

- Ranking for competitors (or teams) who have ridden with total power of less than 1200 Wh (total of 500Wh batteries or one of 500Wh and one of 600Wh)
- Ranking for competitors (or teams) who have ridden with total power of 1200Wh and over (total of 2 batteries of 600Wh or more)

Participants must have their own charger. There is no power limit for chargers.

Applicants must give the power of their batteries when they register and this will be checked when they collect their race numbers.



The batteries, chargers and bikes are labelled with the participant's race number when they collect their bib, to prevent any cheating or any error. Any competitor who changes their battery or rides with an unlabelled batterie may be disqualified.

Each participant must ensure that the battery they are starting the race with is charged.

It is forbidden to ride with a battery in a backpack. Battery changes must be carried out in locations decided prior to the race by the organisers. It is forbidden to change batteries in other locations than the ones clearly identified by the organisers, in this case Plagne Bellecôte. In this respect, it is specified that e-mountain bikes that can be equipped with 2 batteries must be limited to only 1 on-board battery during the race and must therefore respect the battery change points.

#### Individual format

Participants must ensure that both their batteries are fully charged prior to the start of the race and leave battery n°2 and its charger at the "individual" recharging stand at the Plagne Bellecôte base camp.

Participants must come back to this recharging stand between each circuit to change battery and leave the empty battery to charge while they ride the next circuit. A member of the organisation will ensure the compliance of the battery left to charge by checking that the sticker and the competitor's race number match.

#### 2-person relay teams

It is possible to have a single bike for the team since competitors alternate circuits but, in this case, the team must have 2 batteries (500Wh minimum each) for their e-MTB.

The team must ensure that both their batteries are fully charged prior to the start of the 1st circuit and leave battery n°2 and its charger at the "team" recharging stand at the Plagne Bellecôte base camp. The battery must be left to charge and replaced between each circuit. In the case of teams with 1 e-MTB for 2, the empty battery must be charged at each handover at the recharging stand where a member of the organisation will ensure the compliance of the battery left to charge by checking that the sticker and the team's race number match.

The team members must alternate circuits riding 1 circuit out of 2. A bib with a specific code per circuit is given to prevent any cheating. If any cheating is observed, the team will be disqualified.

## **10- Timing and time barriers**

### A- Timing

The Grand8 and Double8 are timed races. The competitors all start at the same time. The departure time is set by the organiser. Any competitor starting late will be penalised for the time missed within the defined time barriers.

Each competitor is equipped with a chip which will be given to them when they collect their race numbers.

### B- Time barriers

Time barriers are fixed as a safety measure, to limit extended race times that could endanger competitors, particularly in the case of a change in weather conditions at altitude.

## **PARTICULARITY GRAND8**

The start of the 1<sup>st</sup> day of the Grand8 is at 1pm. The time barriers on the 1<sup>st</sup> day are 3:30pm at Col de la Chiaupe, the battery change point, and 5.30pm at Fornelet to the campsite.



The start of the 2<sup>nd</sup> day of the Grand8 is at 8am. The time barrier for the 2<sup>nd</sup> day is fixed at 11 am at le Chapieu, the refreshment station and at 12:30 pm at the pumptrack, the batterie changing point.

If a competitor arrives at one of these checkpoints outside these time barriers, a member of the organisation will remove their chip and let the race HQ know the race number so they can note the disqualification. The competitor must make their own way to the next checkpoint unless they are injured or have broken their bicycle, in which case they can ask the organisers for help.

### **PARTICULARITY DOUBLES**

The time barriers for the Double8 correspond solely to the limit times for starting circuits 2, 3 and 4. When a competitor finishes a circuit, they must include the time required to change battery and maybe to get some refreshment before starting the next circuit. If they exceed the limit time, competitors will not be allowed to start the next circuit and must give their timing chip to the organiser who will record the end of their race.

#### **MTB format**

The start for circuit n°1- Plagne Montalbert is set at 8am. The limit times for starting the other circuits are as follows:

- Circuit n°2 – Montchavin les Coches: 12 noon
- Circuit n°3 – Champagny-en-Vanoise: 3.30pm
- Circuit n°4 – Tour du Saint Jacques: 5pm

#### **E-MTB Format**

The start time for circuit n°1- Plagne Montalbert is fixed at 8am for e-MTB for teams and individual riders. The limit times for starting the other circuits are as follows:

- Circuit n°2 – Montchavin les Coches: 11.30am
- Circuit n°3 – Champagny-en-Vanoise : 2pm
- Circuit n°4 - Tour du Saint Jacques: 4pm

## **11- Refreshments and technical assistance**

### **a. Refreshments:**

Refreshments will be available for competitors. 3/day on the Grand8 (Col de la Chiaupe / départ TS Rossa / Le Chapieu / Aime / 2 finish lines). For the Double8 there are at the base camp in Plagne Bellecôte and at bobsleigh track's top / Les Coches / Chalet des Verdons / Saint Jacques. Water supply points may be added according to the weather conditions. This information will be given to participants when they collect their race numbers.

Each participant will have access to refreshments only on the day of the race they are registered for. When they leave the refreshment station, participants must ensure that they have a sufficient supply of food and water to get them to the next refreshment station.

### **b. Technical assistance:**

The technical assistance authorised during the race consists of repairing or replacing any bike part except the frame. It is forbidden to change bike and competitors must cross the finish line with the same bike frame plate that they had at the start.

Personal assistance is strictly limited to the "refreshment / technical assistance" points. It is strictly forbidden to change bike during the race. Technical assistance is authorised between participants.



## 12- Respect for the environment

The Super8 is an event that takes place in an exceptional natural setting. Everyone must be responsible and preserve the environment.

It is strictly forbidden to throw any objects, paper or waste on the trail and will result in immediate disqualification. There will be litter bins in the refreshment areas. Participants must keep litter and packaging and wait for the points indicated by the organisation to throw it away.

Everyone must stay on the marked trails; no short cuts are authorised either during the race or on the way back in the case of withdrawal. Part of the registration fee is dedicated to the maintenance and upkeep of the trails.

## 13- Rankings & prizes

Both the Grand8 and Double8 are ranked with podiums. Not all of the categories will be awarded prizes on the podium.

### **PARTICULARITY GRAND8**

There is a ranking per stage and an overall ranking for the Grand8. The winners of the men's and women's categories will receive a prize. All the participants that complete the two stages within the allocated time will receive a Finisher's gift.

The ranking includes the following categories and podiums:

	Ranking	Podium			Prize money
		1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	
<b>Category</b>					
GRAND8 Scratch men Day 1 - 500Wh	X	X	X	X	
GRAND8 Scratch men Day 1 – 600Wh and over	X	X	X	X	
GRAND 8 Scratch women Day 1 – 500 Wh	X	X	X	X	
GRAND 8 Scratch women Day 1 – 600 Wh and over	X	X	X	X	
GRAND8 Scratch men Day 2 – 500 Wh	X	X	X	X	
GRAND8 Scratch men Day 2 – 600 Wh and over	X	X	X	X	
GRAND8 Scratch women Day 2 – 500 Wh	X	X	X	X	
GRAND8 Scratch women Day 2 – 600 Wh and over	X	X	X	X	
GRAND8 Scratch men FINISHER – 500 Wh	X	X	X	X	600€ (1 <sup>st</sup> )
GRAND8 Scratch men FINISHER– 600 Wh and over	X	X	X	X	600€ (1 <sup>st</sup> )
GRAND8 Scratch women FINISHER – 500 Wh	X	X	X	X	600€ (1 <sup>st</sup> )
GRAND8 Scratch women FINISHER – 600 Wh and over	X	X	X	X	600€ (1 <sup>st</sup> )

### **PARTICULARITY DOUBLES**

#### Individual format MTB & e-MTB

Individual competitors, whether on MTB or e-MTB, will be ranked according to the number of circuits ridden and completed within the time allocated.

Examples: if a participant only rides the 1st circuit, they will be ranked on circuit n°1- Plagne Montalbert with the other competitors who have only completed the 1st circuit.

If a participant completes circuits 1 & 2, they will be ranked on the total time for the 2 circuits with the other participants who have ridden only these 2 circuits. The same goes for participants who have ridden 3 circuits.



All the participants who have ridden and completed the 4 circuits are Finishers and will receive a specific gift. The ranking is for the total time of the 4 circuits.

For the e-bike format, there is a ranking according to the total battery power: 1000 Wh (total of 2 x 500Wh batteries) / 1100 - 1200 Wh (total of 1 x 500Wh battery + 1 600Wh battery) / over 1200 WH (total of 2 x 600Wh batteries)

Category	Ranking	Podium			Prize money
		1	2	3	
DOUBLE8 MTB Scratch men - circuit 1 (23km)	X				
DOUBLE8 MTB Scratch men - circuits 1 + 2 (46km)	X				
DOUBLE8 MTB Scratch men - circuits 1+2+3 (71km)	X				
DOUBLE8 MTB Scratch men - FINISHER circuits 1+2+3+4 (82km)	X	X	X	X	400€ (1 <sup>st</sup> )
DOUBLE8 MTB Scratch women - circuit 1 (23km)	X				
DOUBLE8 MTB Scratch women - circuits 1+2 (46km)	X				
DOUBLE8 MTB Scratch women - circuits 1+2+3 (71km)	X				
DOUBLE8 MTB Scratch women - FINISHER circuits 1+2+3+4 (82km)	X	X	X	X	400€ (1 <sup>st</sup> )
DOUBLE8 E-MTB Scratch men - circuit 1 / less than 1200 Wh (23km)	X				
DOUBLE8 E-MTB Scratch men - circuit 1 / 1200 Wh and over (23km)	X				
DOUBLE8 E-MTB Scratch men - circuits 1 + 2 / less than 1200 Wh (46km)	X				
DOUBLE8 E-MTB Scratch men - circuits 1 + 2 / 1200 Wh and over (46km)	X				
DOUBLE8 E-MTB Scratch men - circuits 1+2+3 / less than 1200 Wh (71km)	X				
DOUBLE8 E-MTB Scratch men - circuits 1+2+3 / 1200 Wh and over (71km)	X				
DOUBLE8 E-MTB Scratch men - FINISHER circuits 1+2+3+4 / less than 1200 Wh (82km)	X	X	X	X	200€ (1 <sup>st</sup> )
DOUBLE8 E-MTB Scratch men - FINISHER circuits 1+2+3+4 / 1200 Wh and over (82km)	X	X	X	X	200€ (1 <sup>st</sup> )
DOUBLE8 E-MTB Scratch women - circuit 1 / less than 1200 Wh (23km)	X				
DOUBLE8 E-MTB Scratch women - circuit 1 / 1200 Wh and over (23km)	X				
DOUBLE8 E-MTB Scratch women - circuits 1 + 2 / less than 1200 Wh (46km)	X				
DOUBLE8 E-MTB Scratch women - circuits 1 + 2 / 1200 Wh and over (46km)	X				
DOUBLE8 E-MTB Scratch women - circuits 1+2+3 / less than 1200 Wh (71km)	X				
DOUBLE8 E-MTB Scratch women - circuits 1+2+3 / 1200 Wh and over (71km)	X				
DOUBLE8 E-MTB Scratch women - FINISHER circuits 1+2+3+4 / less than 1200 Wh (82km)	X	X	X	X	200€ (1 <sup>st</sup> )
DOUBLE8 E-MTB Scratch women - FINISHER circuits 1+2+3+4 / 1200 Wh and over (82km)	X	X	X	X	200€ (1 <sup>st</sup> )

#### Format for MTB teams

Teams are ranked in 3 categories: men / women / mixed.

Only teams that have ridden the 4 circuits within the allocated times are Finishers and will receive a specific gift.

Rankings and podiums are only for teams that have ridden all 4 circuits, with each team member riding 2 circuits (circuit 1 & 3 for team member n°1 and circuits 2 & 4 for team member n°2).

Category	Ranking	Podium		
		1	2	3
DOUBLE8 E-MTB team men FINISHER - circuits 1+2+3+4 (82km)	X	X	X	X
DOUBLE8 E-MTB team women FINISHER - circuits 1+2+3+4 (82km)	X	X	X	X
DOUBLE8 E-MTB team mixed FINISHER - circuits 1+2+3+4 (82km)	X	X	X	X

#### Format for E-MTB teams

Teams are ranked in 3 categories: men / women / mixed.



Rankings are based on the total power of the 2 batteries: less than 1200Wh Wh (total of 2 x 500Wh batteries or one x500Wh and one x600Wh) / 1200 Wh and over (total of 2 x 600Wh or more batteries).

Only teams that have ridden the 4 circuits within the allocated times are Finishers and will receive a specific gift.

Rankings and podiums are only for teams that have ridden all 4 circuits, with each team member riding 2 circuits (circuit 1 & 3 for team member n°1 and circuits 2 & 4 for team member n°2).

Category	Ranking	Podium		
		1	2	3
DOUBLE8 E-MTB team men FINISHER - circuits 1+2+3+4 / less than 1200 Wh	X	X	X	X
DOUBLE8 E-MTB team men FINISHER - circuits 1+2+3+4 / 1200 Wh and over	X	X	X	X
DOUBLE8 E-MTB team women FINISHER - circuits 1+2+3+4 / less than 1200 Wh	X	X	X	X
DOUBLE8 E-MTB team women FINISHER - circuits 1+2+3+4 / 1200 Wh and over	X	X	X	X
DOUBLE8 E-MTB team mixed FINISHER - circuits 1+2+3+4 / less than 1200 Wh	X	X	X	X
DOUBLE8 E-MTB team mixed FINISHER - circuits 1+2+3+4 / 1200 Wh and over	X	X	X	X

## 14- Penalties

The following infractions will be sanctioned by a disqualification or a time penalty:

- Failure to respect the race regulations
- Absence at a checkpoint
- Riding in the opposite direction on a circuit
- Failure to follow the route
- Lack of compulsory equipment during the race
- Refusal to give way when another competitor catches you up
- Littering
- Failure to respect sponsor logos on bike frame plates
- Failure to respect organisation staff (signallers, first-aid assistants, etc.)

In the case of offences committed that are not listed above, the organisation reserves the right to apply penalties.

## 15- Withdrawals

Except in the case of serious injury or breakage, a competitor must only withdraw at a checkpoint. He must then warn the person in charge of the checkpoint, who will definitively invalidate his race number. Repatriation in the event of injury and/or breakage will be decided with the race manager. In the event of abandonment, and meeting with the sweep rider, the latter will invalidate the number. The participant is then no longer under the organisation's control.

## 16- Safety and medical assistance

Several first aid posts are set up on the race course. These posts are in radio or telephone contact with the race HQ.

A medical regulation team is present throughout the event at the race HQ.

The first-aid posts are intended to provide assistance to any person in danger using the organisation's own or contracted means.

It is up to a rider in difficulty or who is seriously injured to get help:

- by going to a first aid post
- by calling the race HQ (the number will be written on your race number)



- by asking another competitor to call for help

It is the responsibility of each rider to provide assistance to any person in danger and to notify the emergency services.

Do not forget that all kinds of environment-related or race-related hazards may mean that you have to wait for assistance longer than expected.

A rider who calls a doctor or a first-aid assistant submits de facto to their authority and undertakes to accept their decisions.

First aiders on medical advice and official doctors in particular are authorised:

- to disqualify (by invalidating the race number) any competitor who is unable to continue the race.
- to evacuate by any means at their convenience riders they deem to be in danger

## **17- Modifications**

For each of the SUPER8 races, the organisation reserves the right to modify the route and/or the position of the refreshment stations and/or the time barriers at any time. In the case of bad weather, to ensure the participants' safety, the organisation reserves the right to defer the start time, stop the race in progress, cancel it or set up a fallback route.

## **18- Insurance**

The practice of MTB in general and more particularly in mountain areas is a physical activity that presents risks. Each Super8 participant must understand that he will be on mountainous terrain with intense climbs and fast, technical descents.

### a. Civil responsibility:

In accordance with the legislation in force, the organisation will take out civil liability insurance for the duration of the event. This civil liability insurance guarantees the financial consequences of its liability, that of its employees and that of the participants.

As concerns the participants' civil liability, the corresponding guarantee is limited to accidents that they could cause to third parties during the event. It only comes into effect on the official route, for the duration of the event, for officially registered participants while they are riding. Moreover, this guarantee will intervene in addition to or in the absence of other insurance that the participants may otherwise benefit from.

### b. Individual accident:

Each participant must take out an accident insurance covering bodily injury in the context of their participation in the event, particularly if they are not a member of the FFC, guaranteeing the payment of a capital sum in the event of bodily injury (death or permanent disability) due to an accident occurring on the race route, whether or not they are at fault and whether or not they are an identified and/or responsible third party. By accepting the registration conditions, these regulations and taking part in the races, each participant acknowledges and assumes full responsibility in case of any accident that could occur during the race. Compensation, depending on the damage, is paid if the insured person is the victim of an accident while taking part in the sporting event. This insurance is optional but highly recommended. It can be taken out in addition to or in the absence of a similar type of insurance held, via a sports licence in particular (FFC licence, for example). It is up to the licence holder to check with their federation that they are correctly covered for bodily injury incurred as a result of participating in this type of event.



Each competitor must have an individual accident insurance covering possible search and evacuation costs in France. This type of insurance can be taken out with the competitor's company of choice, in particular from GBC Montagne insurance, a partner of the SUPER8: Impact Multisports is a specific insurance for sports activities.

### **19- Refunds / Cancellation**

Any request for a refund of the registration fee will be accepted in the following cases:

- death, accident or illness of the insured participant,
- death, accident or serious illness (requiring hospitalisation) of their spouse or an ascendant or descendant of the first degree occurring in the thirty days preceding the event,
- refusal of a visa by the French authorities,
- theft of identity papers within 48 hours prior to departure,
- summons before a court.

The refund request must be sent along with a medical certificate or any other document proving the incapacity to take part (death in the family, accident, etc.) and all of the documents must be sent within a 10-day period after the event at the latest.

For any other cases, at the end of the online registration form we propose a cancellation insurance through Circle Ticketing (11.5% of the registration fee). In the event of unforeseeable and/or accidental inability to participate in the event, you can simply go back to the competitors' page and ask for a refund. You will be refunded automatically in the days following the event without having to provide proof. Please note, this cancellation insurance only covers the registration fee, not any paying options subscribed to in the form.

### **20-Image rights / GDPR**

Under article L333-2 of the sports code, "the organisers of sports events [...] own the right to exploit the events or competitions which they organise."

Participants are informed that the association of the Grande Plagne Tourist Office, owner of the rights to exploit the different races of the Super8, may photograph and/or film the event to promote future competitions. This may be done by using aerial means to fly over the route (drone and/or helicopter). The image of the participants captured during the event may be freely distributed by the Grande Plagne Tourist Office, subject to the following conditions:

- that there is a link between the image and what it illustrates
- that the image does not violate the person's dignity.

Super8 is a legally registered brand. Any communication on the event or use of images of the event must respect its name and registered trademarks and be with the official agreement of the organisation.